



LUNCH MENU

NIBBLES AND SHARING

STARTERS

- Fennel and sage pork scratchings (gf)** 3.95
Baked apple sauce
- Garlic and rosemary baked camembert (v) (gf)** 12.95
Roasted grape chutney celery and oat cakes
- Sourdough bread (v) (gfa)** 2.95
Szechuan pepper butter balsamic vinegar
- Roasted pumpkin houmous (v) (gfa)** 5.95
Dukkha spice dip and warm flatbread

- Provençal style marinated olives and feta (v) (gf)** 4.95
- Garlic, herb and mozzarella flatbread (v)** 3.95
- Butcher's board** 16.95
Spicy nduja Scotch egg, glazed chorizo bourbon glazed belly bites fennel and sage pork scratchings baked apple sauce and warm flatbread
- King prawns** 7.95
Chilli and ginger sauce toasted sourdough, wasabi yoghurt

- Scallops of the day (gfa)** 11.95
Ask for today's specials
- Sweet potato and pumpkin soup (v) (gfa)** 4.95
Sage oil and sourdough bread
- Smoked chicken and gammon terrine** 6.50
Tarragon mayonnaise and sourdough bread
- Spicy nduja Scotch egg** 5.50
Gherkin, wholegrain mustard
- Halloumi stuffed falafels (v)** 4.95
Creamy tahini dip

- Sea salt and chilli calamari** 6.95
Lemon aioli
- Crab and linguine cake** 5.95
Lime & coriander aioli with green leaf lettuce
- Katsu chicken wings** 5.50
Charred lime dip
- Sweet and sour aubergines (v)** 5.95
Chickpea salad and sesame dressing

MAINS

- Slow roast pork belly (gf)** 14.95
Mustard and chive mashed potatoes baked apple sauce, greens and jus
- Szechuan duck (gf)** 18.95
Sweet potato, beetroot and greens hash, maple glaze
- Cumberland sausages** 11.95
Braised lentils and savoy cabbage
- Glamorgan sausages (v)** 11.95
Braised lentils and savoy cabbage
- Warm Caesar salad (v) (gfa)** 10.95
Sweet potato, beetroot, baby gem lettuce garlic croutons, Caesar dressing soft boiled egg, parmesan
- Add:**
- Chargrilled chicken and bacon** 3.95
- Halloumi** 2.95
- Sautéed king prawns** 5.95
- Beer battered cod** 12.95
Gastro chips, minted pea purée and tartare sauce
- Beer battered halloumi (v)** 12.95
Gastro chips, minted pea purée and tartare sauce
- Goan fish curry (gfa)** 14.95
Cod and prawns in spices with wild rice and dukkha flatbread
- Jackfruit Goan curry (v) (gfa)** 11.95
Wild rice and dukkha flatbread

GRILLS

All served with confit vine tomatoes, dressed green leaf and gastro chips

- 7oz Fillet steak (gf)** 26.95
- 10oz Dry aged ribeye steak (gf)** 24.95
- 8oz Flat iron steak (gf)** 16.95

EXTRAS

- Sautéed king prawns (gf)** 5.95
- Roast mushrooms (v) (gf)** 4.50
- Beer battered onion rings (v)** 2.95
- Smoked Mac 'n' Cheese (v)** 3.50
- Herb and roasted garlic butter (v) (gf)** 1.95

SAUCES 2.95

Peppercorn, Diane, Blue cheese

BURGERS

All served in a toasted bun with gem lettuce beefsteak tomato, gherkin, skin on fries

Gluten free rolls available upon request

- Butcher's beef** 12.95
Monterey Jack and cured bacon
- Buttermilk chicken** 12.95
Avocado mayonnaise
- Roast vegetables and quinoa (v)** 11.95
With crumbled feta

DOUBLE UP YOUR BURGER 4.00
TOP WITH SMOKED MAC 'n' CHEESE 2.00

- Spatchcock poussin** 13.95
Tabbouleh salad, saffron yoghurt

- Lamb rump** 19.95
Mashed potato, chorizo fried greens
- Steamed Thai seabass (gf)** 13.95
Wild rice and peas

- Pea and mint tortellini (v)** 12.95
Fricassee sauce, parmesan

- Pie of the day** 12.95
Mashed potato, seasonal vegetables, jus - ask for today's specials

- 10oz Gammon steak and hen egg (gf)** 11.95
Confit vine tomatoes, dressed green leaf and gastro chips

- Gnocchi alla norma (v)** 11.95
Ricotta and garlic flatbread

- Chef's pearl barley risotto of the day (v)** 11.95
Using the finest seasonal ingredients

- Rigatoni arrabiata (v)** 10.95
Spiced Italian tomato sauce with parmesan

Add:

- Chargrilled chicken** 3.95
- Sautéed king prawns** 5.95
- Spicy nduja sausage** 3.95

SIDES

- Gastro chips, rosemary salt (v) (gf)** 3.50
- Truffle and parmesan fries (v) (gf)** 4.95
- Beer battered onion rings (v)** 2.95
- Skin on fries** 2.95

- Winter green fricassee (v) (gf)** 3.95
- Charred pumpkin (v) (gf)** 2.95
Cumin and buttermilk dressing
- Curried panko parsnips (v)** 2.95
Honey dip

- Halloumi and polenta chips (v) (gf)** 4.95
Avocado mayonnaise
- Smoked Mac 'n' Cheese (v)** 3.50
- Mustard and chive mashed potato** 2.95

TWO COURSES FOR ONLY £13.95

THREE COURSES £16.95

On these selected* starters, mains, sandwiches, burgers and desserts from 12 noon to 6 pm Monday to Friday excluding Bank Holidays



* Selected dishes on menu

SANDWICHES

All served with garden salad on a choice of white or granary bloomer

Available from noon to 6pm Monday to Saturday

Gluten free bread available upon request

-  Spicy nduja sausage, grilled halloumi, roasted red peppers 7.95
-  Fish finger, gem lettuce, gherkin, tartare 7.50
-  Buttermilk chicken club 7.95
Dry cured bacon, baby gem lettuce, beef tomato, blue cheese sauce
- Croque Monsieur** 6.95
Gammon ham, smoked cheese sauce
Add:
Fried hen egg 1.00
- Glamorgan sausages (v)** 6.95
Marinated feta, avocado
- Bloody Mary crab** 8.50
Gem lettuce, celery
Add:
- Gastro chips** 3.50 *or* **Skin on fries** 2.95

DESSERT MENU

- Profiteroles** 5.95
Madagascan vanilla ice cream, chocolate dipping custard
-  **Chocolate brownie (gf)** 6.50
Chocolate and sea salt ice cream
-  **Red wine poached pear** 6.95
Pistachio crumble, crème Anglaise
- Tiramisu cheesecake** 6.50
Chocolate truffles
- Selection of award winning **Northern Bloc ice cream (gf)** 4.95
Choose three scoops from - Madagascan vanilla, Chocolate & orange, Roasted strawberry, Black treacle, Lemon sorbet, Ginger & caramel
Add an extra scoop 1.95
- Apple tartelette** 6.95
Crème anglaise
-  **Lemon bavaois** 5.95
Black cherry, mini meringues
- English cheese board (gf)**
With celery, grapes, chutney and oatcakes
- Davidstow Extra Mature Cheddar
Joseph Heler Double Gloucester and
Long Clawson Blue Stilton
- Plate** 7.95
Sharing 12.95
- Mini dessert and a hot drink** 5.95
Chocolate and Hazelnut Churros

CHILDREN'S MENU

MINI STARTS 2.50

Garlic, herb and mozzarella bread

Halloumi bites and honey

Carrot chips and houmous

MINI MAINS 5.95

Butchers beef burger *Grilled cheese and skin on fries*

Battered cod *Chips and pea purée*

Cumberland sausages *Mashed potato, peas and gravy*

Chicken and broccoli rigatoni *In cheesy cream sauce*

Baked tomato and roasted pumpkin gnocchi (v)

Mini roast dinner 6.95 *Sunday only*

MINI PUDS 2.50

Chocolate and hazelnut churros *With ice cream*

Red berries and cream

Ice cream bowl - Choose two scoops



THE RED LION

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(v) Suitable for vegetarians (gf) Gluten Free (gfa) Gluten Free Available If you have a food allergy - please speak to your server before you order your food and drink, who will tell you about the allergenic ingredients in our dishes.

All weights are approximate before cooking. Some items on this menu may contain nuts or nut derivatives. Some fish products may contain small bones.

All items are subject to availability. All prices include VAT. (RL1018)

Gratuities are discretionary

We hope you enjoy your visit. Please feel free to discuss anything with the manager or write to our Customer Services Manager at:
McManus Managed Pub Group, Kingsthorpe Road Northampton NN2 6HT Tel: 01604 713 601

www.mcmanuspub.co.uk